# STUDY OF GROWTH HORMONE RELEASER: COLOSTRUM AND SOYA BEAN

By
Yulianus Derry Rudinatha

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EduTown BSD City, Tangerang – 15339 Island of Java, Indonesia www.sgu.ac.id

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### STATEMENT BY THE AUTHOR

I hereby declare that this submission is my own work and to the best of my knowledge, it contains no material previously published or written by another person, not material which to a substantial extent has been accepted for the award of may other degree or diploma at any educational institution, except where due acknowledgement is made in the thesis.

Yulianus Derry Rudinatha  Approved by:	Dat
Dr. rer. nat. Maruli Pandjaitan (Advisor)	ERSIT
Tutun Nugraha, PhD	Dat

### **ABSTRACT**

## STUDY OF GROWTH HORMON RELEASER: COLOSTRUM AND SOYA BEAN

By

Yulianus Derry Rudinatha

# SWISS GERMAN UNIVERSITY Bumi Serpong Damai

Dr. rer. nat. Maruli Pandjaitan, Thesis Advisor

From time to time, people achieve many extraordinary inventions in science yet the aging problem is still left unsolved. In our body, there is Growth Hormone (GH) that stimulates growth and regeneration of cells. Nowadays, it is believed that Growth Hormone can be stimulates from external sources.

Colostrum is the kind of milk that is produced by mammal during the pregnancy. This milk is rich in antibodies and protein to help the newborn baby. With the help of Vitamin B provided by Soya Bean, the combination of both external sources hypothetically will help increasing the Growth Hormone inside our body.

The Research was done by feeding those external sources into Rabbits and monitoring their activity and the blood of the rabbits to test the Growth Hormone inside the rabbits. Based on the test conducted, Growth Hormone level of two rabbits is increasing. Male Higher Feeding Rabbit increased 92.86% and Female Lower Feeding increased 277.5%. The other two rabbits, result are still fluctuate and unstable. The behavior and eating appetite of three rabbits were better (Male Higher Feeding, Male Lower Feeding, and Female Lower Feeding) but one rabbit (Female Higher Feeding) was slightly decreased.

Keywords: Growth Hormone, Colostrum, Soya Bean, Cord Blood

### **DEDICATION**

I dedicate this Thesis to my family.

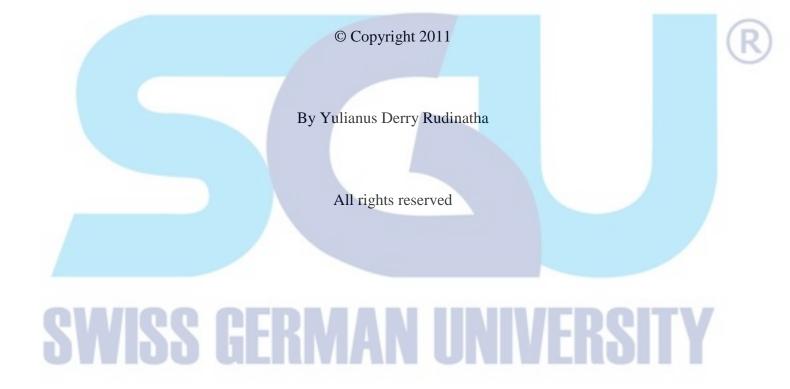
I give you my biggest gratitude for your patience and inspirations

for me to fill my days and accompany me through heart and mind.

I also dedicate this Thesis to myself

for I have heard the voice of the world with my eyes.

# **SWISS GERMAN UNIVERSITY**



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To my parents, there's nothing to say else to say than very big thank you from the bottom of my heart for raised me and gave me the chance to study until this point at Swiss German University. Your endless love will eternally remembered for I had many happiness, sadness, joyful, sorrow, and meaningful experience through all this time from the friends I have.

In this opportunity, I would like to extend my thank you and appreciation for those who help me until I finished my Thesis:

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With full consciousness, I'm fully understand that this thesis is still far from perfect. Therefore, any comments and constructive critics are welcomed in order to improve the thesis.

I hope this simple Thesis will be useful and simply contribute to either academic or non-academic purposes. I really hope that this Thesis can be my small part to contribute to the world.

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