THE IMPACT OF INTERNSHIP PROGRAM EXPERIENCES AND MCGREGOR'S THEORY X/Y TOWARDS STUDENTS' SOFT SKILLS DEVELOPMENT

By

Olivia Triciana 11403044

BACHELOR'S DEGREE

in

BUSINESS ADMINISTRATION - HOTEL AND TOURISM MANAGEMENT

Concentration

FACULTY OF BUSINESS AND COMMUNICATION



SWISS GERMAN UNIVERSITY

The Prominence Tower

Jalan Jalur Sutera Barat No. 15, Alam Sutera

Tangerang, Banten 15143 - Indonesia

August 2018

THE IMPACT OF INTERNSHIP PROGRAM EXPERIENCES AND MCGREGOR'S THEORY X/Y TOWARDS STUDENTS' SOFT SKILLS DEVELOPMENT

By

Olivia Triciana 11403044

BACHELOR'S DEGREE

in

BUSINESS ADMINISTRATION - HOTEL AND TOURISM MANAGEMENT

Concentration

FACULTY OF BUSINESS AND COMMUNICATION



SWISS GERMAN UNIVERSITY

The Prominence Tower

Jalan Jalur Sutera Barat No. 15, Alam Sutera

Tangerang, Banten 15143 - Indonesia

Revision after Thesis Defense on [24th of July 2018]

STATEMENT BY THE AUTHOR

I hereby declare that this submission is my own work and to the best of my knowledge, it contains no material previously published or written by another person, nor material which to a substantial extent has been accepted for the award of any other degree or diploma at any educational institution, except where due acknowledgement is made in the thesis.

	Olivia Triciana Student	Date
	Approved by:	
SW	Munawaroh, SE., MM.	RSITY
	Thesis Advisor	Date
	Nila Krisnawati Hidayat, SE., MM.	
	Dean	Date

ABSTRACT

THE IMPACT OF INTERNSHIP PROGRAM EXPERIENCES AND MCGREGOR'S THEORY X/Y TOWARDS STUDENTS'S SOFT SKILLS DEVELOPMENT

By

Olivia Triciana Munawaroh, SE., MM, Advisor

SWISS GERMAN UNIVERSITY

The impact of internship program experiences and McGregor's theory x/y towards students' soft skills development with hospitality major is the main objective of this research. The study aims to find what impact perceived by hospitality students during internship and their self-motivation according to McGregor's theory x/y that can influence their soft skills development. This study is limited for students majoring in hotel and tourism management in three different universities. There were 250 valid respondents in this research. The multiple regression is practiced in this research by using SPSS to help with the regression computation and other related calculation. The result of the studies showed that internship program experiences gives impact to the students' soft skills development as much as 43.7% and McGregor's theory x/y gives no impact to soft skills development. The recommendation is delivered for students, institution, host organization and further research.

Keywords: Internship experiences, McGregor's Theory X/Y, Soft Skills



DEDICATION

I dedicate this thesis for my God who guided me, my beloved parents, brothers, all my Swiss German University friends, my best friends during my internship in Jakarta and Germany. Also, I dedicate this thesis to my support system Hanny, Stefano, Caroline and others.



ACKNOWLEDGEMENTS

First, I would like to thank God for everything, for giving me strength since day 1 I entered the university life until I finish this final task.

Second is my family who always guide and cheer me up in every hard situations. Mr. Tirta Chusny and Mrs. Liantika Wijaya, a couple who always besides me since I was born until now, they lead me to be a better person every day. Next, for my two older brothers, Keithsen Chusny and Ivan Surya, I appreciated all of your supports through our fights, jokes, useless chitchats and Lego.

Third, this will be going to my super fantastic friends, Hanny Thio and Stefano Prabowo who always support and hear my thoughts, my super crunchy jokes, giving all your time to calm me down, thank you for allowed me to draw both of your life with my funky chunky smiles and words. Amelia Ayusari, your sweetness since junior high school always made me happy. Floretta, met you on the first orientation day as my mentor until now my best friend is remarkableness. All my classmates HTM-B, I will never forget our conversations, jokes, team works and fights. Also, for HTM A, we have made new story of hospitality students in SGU.

Fourth, Bu Mumun, I just wanted to say thank you for taking a chance on me. Thank you for your patience in guiding me for my thesis and getting it done. Thank you for your enlightenments and encouragements.

And last but not least thank you to all people who supported me through ups and downs, all the memories in Ritz Carlton Pacific Place and Europa Park Hotel Colosseo "Commedia Dell' Arte", my junior classmates, and others sorry I couldn't mention those names one by one. Thank you and God Bless.

TABLE OF CONTENTS

STATEMENT BY THE AUTHOR
ABSTRACT3
DEDICATION5
ACKNOWLEDGEMENTS6
TABLE OF CONTENTS7
LIST OF FIGURES
LIST OF TABLES11
1. INTRODUCTION
1.1 Background12
1.2 Research Problem
1.3 Research Question
1.4 Research Objectives 16
1.5 Scope and Limitations
1.6 Significance of Study
1.7 Thesis Structure
2. LITERATURE REVIEW
2.1 Framework Thinking
2.2 Human Resources
2.2.1 Recruitment 20
2.2.2 Training and Development
2.2.2.1 Types of Training Methods
2.3 Internship Program Experience
2.4 Soft Skills
2.5 McGregor's Motivation Theory: Theory X and Theory Y29
2.6 Previous Studies
2.7 Study Differences
2.8 Hypothesis
3. RESEARCH METHOD
3.1 Type of Study
3.2 Unit Analysis & Unit Observation

3.2.1 Unit Analysis
3.2.2 Unit Observation
3.3 Sampling Design
3.3.1 Population & Sample Target
3.3.2 Sample
3.3.3 Sampling Size and Sampling Method
3.4 Location & Time Frame of Study40
3.5 Data Sources & Collection
3.5.1 Type of Data
3.5.1.1 Primary Data
3.5.1.2 Secondary Data41
3.5.2 Data Collection Method
3.5.3 Questionnaire Structure
3.6 Research Model
3.7 Variable Operationalization
3.8 Data Processing Procedures
3.8.1 Data Preparation
3.8.2 Data Screening
3.8.3 Validity Test
3.8.4 Reliability Test
3.9 Data Analysis Technique47
3.9.1 Pre-Testing
3.9.2 Post-Testing
3.9.3 Normality Test
3.9.4 Linearity Test
3.9.5 Heteroscedascity Test
3.9.6 Multicollinearity Test49
3.9.7 Hypothesis Test
3.9.7.1 Hypothesis T-test50
3.3.7.1 Hypothesis 1-test
4. DATA ANALYSIS

4.1.2 Universitas Pelita Harapan
4.1.3 STP Trisakti
4.2 Pre-Test Result55
4.2.1 Validity and Reliability Pre-Test
4.2.1.1 Validity Pre-Test56
4.2.1.2 Reliability Pre-Test
4.3 Post-Test Result
4.3.1 Validity Post-Test
4.3.2 Reliability Post-Test
4.4 Classic Assumption Test
4.4.1 Normality Test
4.4.2 Linearity Test
4.4.3 Heteroscedascity Test
4.4.4 Multicollinearity Test
4.5 Hypothesis Testing
4.5.1 T-test
4.6 Discussion 82
5. CONCLUSION AND RECOMMENDATIONS
5.1 Conclusion
5.2 Recommendations
5.2.1 Recommendations for Students
5.2.2 Recommendations for Institution
5.2.3 Recommendations for Host Organization
5.2.4 Recommendations for Further Research
GLOSSARY90
REFERENCES
ADDENDICES 05